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## Safety in the Workplace

Date:

The report focuses on a construction site in the neighborhood taking into consideration various factors such as safety in construction occupation and means of making the work area safe for quality performance by employees.

There were various physical work conditions affecting employee health and safety in the workplace. The first observed work condition was the potential for infectious disease at the construction site. I noted that construction workers shared construction safety garments like reflector jackets and helmets stored in one place. Sharing of such materials might decrease illnesses like skin diseases and infections. The site also had the potential for toxic exposure. In the construction section, there were many dust particles in the air due to daily construction work that may lead to respiratory complications. Workplace violence divides into four types; abuse by strangers, client, coworkers or intimate partner (Quick, p. 34.29). Most of the construction workers gamble continuously and prefer taking alcohol after work hours. This factor combined with a lack of flextime poses a job stressor (Spector, n.p.).

I also observed causes of accidents at the site. Employees engaged in repetitive actions.

Construction workers were repeatedly carrying heavy materials on their shoulders like building bricks and were continually using sled hammers during demolition. This actions mostly cause

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repetitive strain injuries and musculoskeletal disorder (MSD) (Spector, n.p.). The site was full of dangerous equipment and connections that created a hazardous workplace environment prone to accidents. Sine equipment malfunctions could also cause a pose danger.

## Strategies to Promote Safety

I observed the following at the	
construction site; Men at work signs,	
'watch your head signs', wear protective	
gear beyond this point sign	
I observed workers wearing hard hats,	
safety vests, safety gloves, safety shoes,	
safety glasses, earmuffs	
I noted that the following safety	
equipment was present; emergency	
eyewash and shower, eye and face	
protection, first aid kit, high visibility kit	
I observed the presence of safety	
representatives tasked with assessing the	
different jobs risk to life and health	

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## Works Cited

Quick, James Campbell Ed, and Lois E. Tetrick. *Handbook of occupational health psychology*. Washington, DC, US: American Psychological Association, 2003.

Spector, Paul E. *Industrial and Organizational Psychology: Research and Practice*. Singapore: John Wiley & Son Singapore, 2012. Print.